# "CASCARETS" FOR LIVER, BOWELS

For sick headache, bad breath, Sour Stomach and constipation,

Get a 10-cent box now.

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable and uncomfortable you are from constipation, indigestion, biliousness and sluggish bowels -you aiways get the desired results with Cascarets.

Don't let your stomach, liver and bowels make you miserable. Take Cascarets to-night; put an end to the headache, biliousness, dizziness, nervousness, sick, sour, gassy stomach, backache and all other distress; cleanse your inside organs of all the bile, gases and constipated matter which is producing the misery.

A 10-cent box means health, happiness and a clear head for months, No more days of gloom and distress if you will take a Cascaret now and then. All stores sell Cascarets. Don't forget the children-their little insides need a cleansing, too. Adv.

Cottage for Christmas Gift. The Christmas gift of a Los Angeles (Cal.) man, ill in a hospital, was a completely furnished cottage which 32 friends built for him in one day, completing their work by the light of a powerful motorcar lamp. All the workmen were fellow members with their friend of a fraternal insurance order. Their sick man is the sole supof an eighty-three-year-old mother

The Quinine That Does Not Affect The Head Because of its tonic and laxative effect, Laxative Brome Quinine can be taken by anyone without satisfied prevousness or ringing in the head. There a only one "Brome Quinine." E. W. GROVES

### RECOGNIZED WORK OF BIRDS

Occasion When Growers of Grain Responded to Appeal to Save Their Friends From Extermination.

handred million dollars' worth of the cotton crop was damaged by the cotton boll weevil in the last year and birds, especially quall, consider such fare a treat and have a fondness for ridding the farmer of the enemies of his crops. What the good birds do in the destruction of insects injurious to man's interests is little short of marvelous.

One-year at the headquarters of the National Audubon society a wire came stating: "Birds are dying in Kansas, Nebraska and Missouri in great numbers-result of sleet and snow." In response to the wire \$600 worth of grain, seed and chaff was distributed, together with grit, to the birds and saved many of the insectivorous birds and game birds. The postmaster general ordered the rural mail carriers to distribute the feed free of charge.

New Industry for Detroit.

It is estimated that \$10,000,000 worth of the 1916-17 fur exports will pass into the American channels before next June. The manufactured product, of course, will more than double these figures, for every one who touches a skin increases the profit which the ultimate purchaser must pay to the ancient industry. The cream of this new business will center in Detroit, one of the big fur manufacturing points of the country, New York, Chicago, Cincinnati, Philadelphia, St. Louis and other cities.

Father of Dyspepsia. Hurry is the father of dyspepsia .-William George Jordan.

# A Pleasant **Healthful Habit**

A daily ration of Grape-Nuts and cream is a splendid food for those who want vigor and energy.

# **Grape-Nuts**

is a concentrated health-food made from choice whole wheat and malted barley. It retains the vital mineral elements of the grain so essential to thorough nourishment of body and brain, but lacking in many other cereal foods.

Every table should have its daily ration of Grape-Nuts.

"There's a Reason"

No change in price, quality or size of package.

# WASHINGTON GOSSIP

## Washington Caring for Many French Orphans

W ASHINGTON.-Within the last year 160 war orphans of France have been "adopted" by Washingtonians, according to Miss Harriet Winslow, secretary-treasurer of the Fatherless Children of France, an organi-

zation formed for the relief of such children. Some of these children have been taken for two years, and some for longer periods.

Among the later subscribers to the organization are the Hyattsville high school, the Potomac school, Sidwell's Friends school, Kendall Green Sunday school, the Misses Marets' French school, the Lafayette Memorial subscription, the Marie Louise millinery establishment and the Home club, the Current Events club of Hagerstown,

Md., and St. Mary's school of Knoxville, Tenn., also have "adopted" French children made fatherless by the war. At present there are in Washington four subscription clubs that have taken over part of the care of such children, These clubs consist of several members.

The French government is paying half the amount of money required to rear and educate the children of men killed in the war, giving \$36.50 a year. The sum of \$73 a year is needed for each child, and the people of France look to the United States to help by giving the other half.

The country so far has responded well, but more efforts are necessary. The periods for which some children have been taken are about to expire, and every day there are hundreds more children made dependent upon the support of their government and the people of the United States.

Washington especially has done well. In addition to the 160 children "adopted" more than \$4,000 has been subscribed to a general fund.

# How China Keeps Watch on Its Students Here

N AN ultra-American brick dwelling, which stands in one of the capital's best residential districts, is the Chinese educational mission. The mission is an institution, but it is also a home. It is the official home or headquarters

of all those Chinese students who are studying in American colleges and universities-at present some 500 in

Here T. T. Wong, an energetic young Chinaman who speaks excellent English, keeps track of the educational advancement of each Chinese student sent to America, while Mrs. Wong writes them motherly letters of good advice. If a student falls in BEFOR Latin or gets too many colds the Wong family goes to his university



young men to American universities there was no system of supervision whatsoever and often all trace of the student was lost. He might turn up seven years later a graduate of Yale or Harvard, but meantime the government did not know what had become of him, unless it took the trouble to communicate with his university, and this required a good deal of time and was not always satisfactory. Any great catastrophe might happen to a man's family and the government would be weeks or months in locating him and getting the information to him. Under these circumstances, the need of some central means of communi-

cation with every Chinese student in America from New England to California was apparent, so the Chinese educational mission was established. It is located within walking distance of the Chinese embassy, which is consulted in affairs of importance.

The Chinese government has been sending students to America to be educated since 1875, but in the beginning, as has been said, there was no system. An occasional youth who showed strong indications of becoming a scholar was sent over, but in many cases was recalled before he had finished his course because the government was unposted as to his movements and could not understand what kept him so long. Then in 1900 came the Boxer uprising and China was compelled to pay the United States government an enormous indemnity, half of which was to be returned to China with the provision that it be used to educate Chinese students in America.

#### Plan for National Athletic Field Progresses

T HAT stadium in East Potomac park, which is designed as the eventual grounds for the holding of all national championships in all sports, has moved a little bit nearer. It will take \$1,545,000 to build the great athletic

field and recreation ground on the shores of the Potomac, which the A. A. U. would like to see and which Representative Murray Hulbert of New York has sought in a bill now before congress.

Congress has already granted \$65,-000 of the amount deemed necessary. This provides a shelter house and a part of the boat harbor. Representative Hulbert wants congress to go

"I want to get all the amatem athletes in the United States interested in this proposition," said Congressman Hulbert, "and then with all such pushing, watch how it will advance.

"This is a great proposition for the District, and it is a great proposition for all the boys and girls of the United States who are interested in clean sport. When we have our next hearing I hope to have representatives from all parts of the United States present to boost this plan.

"Clean, healthy sport means clean, healthy boys and girls, and I consider it a very essential part of our education. If we get this big stadium and recreation grounds in Washington and have national schoolboy and schoolgirl championships here every year, it is a great stimulus to the high school boys and girls to get out and try to make their mark in sports.

"A trip to Washington is an epoch in the lives of most schoolchildren, and if we had this grand concourse where they could meet and strive for national honors it would prove a great stimulus to sport.

"You can say for me that I don't propose to let this matter slumber. While I am in congress I will work to the utmost for this proposition. Not for the District, but for the boys and girls of the United States.'

#### Search for Redfield's Medal-Winning Heroes

SECRETARY OF COMMERCE REDFIELD is gradually rounding up the heroes on the American S. S. Kroonland, who were voted medals by congress for rescuing 89 persons from the burning steamer Volturno in the North

Atlantic in October, 1913. The men, mostly foreigners, scattered all over the globe, after congress had recognized their bravery, and for more than two years Secretary Redfield has been trying to get in touch with them. He has been successful in many instances, but still has 11 medals awaiting claimants.

The latest to be found were Franz von Hymen, now at the western front with the German army, who was located by the American consul general

at Antwerp, Belgium, and J. A. Roll, who was discovered at Galveston, Tex. The secretary is still seeking Helke M. P. Janssen, Gerard Franz Borrenberg, Franz Quednau, Henry Guelinck, Heinrich Schaub, Desire Auguste Coopman. Ernst Benecke, Petrus Stobbelaar, Leon Coppens, Gustav Ebling and August Friedrich Reckzugel. The belief here is that these men, like Von Hymen, have been drawn into the European conflict, and it is feared some of them, at least, may have given their lives on battlefields without ever having known that the American congress had officially praised their heroism.

# THICK, GLOSSY HAIR FREE FROM DANDRUFF

Iria! Beautify Your Hair! Make It Soft, Fluffy and Luxuriant-Try the Moist Cloth.

Try as you will, after an application of Danderine, you cannot find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most, will be after a few weeks' use, when you see new hair, fine and downy at first-yes-but really new hair-growing all over the

A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is immediate and amazing-your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable luster, softness and luxuriance, the beauty and shimmer of true hair health.

Get a 25 cent bottle of Knowlton's Danderine from any store and prove that your hair is as pretty and soft as any-that it has been neglected or injured by careless treatment-that's Adv.

Katherine's Voice. Mrs. Exe-I don't believe that music teacher can make anything out of Katherine's voice.

Exe-You're mistaken. He's made over a hundred dollars out of it already.

# YES! MAGICALLY! **CORNS LIFT OUT** WITH FINGERS

You say to the drug store man, "Give me a small bottle of freezone." This will cost very little but will positively remove every hard or soft corn or callus from one's feet.

A few drops of this new ether compound applied directly upon a tender, aching corn relieves the soreness instantly, and soon the entire corn or callus, root and all, dries up and can be lifted off with the fingers.

This new way to rid one's feet of corps was introduced by a Cincinnati who says that freezone dries in bment, and simply shrivels up the or callus without irritating the

If your druggist hasn't any freezone tell him to order a small bottle from his wholesale drug house for you.-adv.

Lightening the Burden.

"Do you approve of prohibition?" "Yes," replied Uncle Bill Bottletop. "With the present high cost of food I dunno as it's sensible to try to take care of a hunger an' a thirst both at

Dr. Peery's "Dead Shot" not only expels Worms or Tapeworm but cleans out the mucus in which they breed and tones up the digestion. One dose sufficient. Adv.

Few Hand-outs. Tottering Tom-Where yer been? Weary Willie-Down to Florida. "Find the weather warmer?" "Sure; but I found the people coldr."-Yonkers Statesman.

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it Bears the

Bignature of Carly II. In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Mismated. "Are they well mated?"

"No. She can spend the money much faster than he can make it."-Detroit Free Press.

Blighted Affections. She-That woman is in love only with herself.

He-Well, if her case comes up before me she gets the alimony at sight. -Judge.

## INDIANA DRUGGISTS PRAISE RELIABLE KIDNEY PREPARATION

We have been handling and selling Dr. Kilmer's Swamp-Root for the past thirty-six years and it has always been a staple article with us, and our customers tell us that the results obtained were very satisfactory. One of the members of our firm used Swamp-Root for slight kidney trouble and constipation with very beneficial results. We firmly believe that Swamp-Root will do all that is claimed for it and we take pleasure in recommending it. Very truly yours, BIGNEY & CO.,

Sunman, Ind. Prove What Swamp-Root Will Do For You Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention this paper. Regular fifty-cent and one-dollar size bottles for sale at all drug stores.—Adv.

Natural Conclusion. "Smith called Jones a toad." "What happened?" "Jones got hopping mad."

Belf-udmiration is apt to cause a man to stretch the truth.

DORCAS' DAY LILIES

By ISABEL FROST.

A large tub, half-sunken in the earth, with myrtle and wandering Jew rambling over it, stood out in the front garden. Spider Illies and nasturtiums grew in their senson around it, but in the tub itself were planted only day Illies,

They bloomed late. Dorcas used to watch and wait for them the year round. Somewhere she had read that they were the asphodels of the gardens of heaven, and surely their perfume confirmed it. It seemed the essence of all the lilies.

It made her think of all the things she had ever longed for and missed, all the little ungratified hopes of her girlhood. It swept away the years of nursing her bed-ridden mother, then her father, and keeping house for her brother Luke at the old home. She was thirty-five now, "gone by," as the saying was out in the country. Yet to those who loved her Dorcas was like one of her own full lilles that bloomed late and sweetest of all in the

She was out early one morning. And as she leaned over the Illies, Doctor Fellows' buggy stopped at the gate. "Heard the news, Miss Wimbledon?"

he called. "Cary's sold his farm and he's going West." Dorcas bent her head over the tub

of lilles. "I'm so glad for him," she said.

'He's always wanted to get away, ever since he was a boy." They had been sweethearts once,

back in Dorcas' girlhood. And then, when Cary had asked her to be his wife, she had laughed at him. "Tie myself down to a lifetime of housework right over there? Don't

you suppose I'm tired of looking out at this valley every day of the year, Cary Roberts? I'm going away to study and make something of myself. You can stick here if you want to, but I'm going." She had meant it, too; meant It

with the belief back in her heart that he would never stay behind, that he would follow her. And instead, they had both lived on there, with her words between them. And now, at last, the barrier had

fallen for Cary. He had sold out, and was going away. She saw Luke and the hired men coming slowly down from the hill pastures where they had been stacking cornstalks, and realized she was delaying dinner. When they came up to the house she was in the kitchen, and Luke, after one glance at the half-set table, grumbled. She heard him go outdoors again, but paid no attention until she went to the door to call him, 15 minutes later. He had been cutting out some dead canes from the bushes along the side of the walk and pulling up dried flower stems. But all Dorcas saw was an emptied tub tossed over the paling fence and scattered earth with some day lities on the ground.

"Why-Luke-" she faltered. "What are you doing to my lilles?" "I needed the tub." said Luke curt-

ly. "Dinner rendy?"

She knew Luke's action was due to pure sullen spite, boyish, in a way, because she had been late with dinner. Yet it seemed to typify everything, all the years of crushed romance and sentiment, and the lack of them in her brother's nature. She turned without a word, and went back to the kitchen. And later in the afternoon, alone in the house, she sat upstairs in her own room that looked across the river, watching Cary's red chimneys and making up her mind. It wasn't too late. She packed rapidly, dragging down an old-fashioned, round-topped trunk out of the attic, and filling it with her best things. She would go away, too.

Suddenly she heard a knock at the side door. Hoping it was no woman neighbor, she ran down the front stairs lightly, and found Cary standing there.

"Hello, Dorcas," he said, with a boyish ring in his tone. "Heard the news, ain't you? I've sold out, and I've come for you. Took a long time

to do it, but I'm here." "Why, Cary Roberts!" Dorcas said. biting her under lip and backing away from him. "After all these years?"

"It ain't too late, is it? I had to stick to my price, and I've got it, three thousand, seven in cash, Dorcas! And I've got some put by in the bank, besides what the stock will bring. You ain't going to stand back now, and say no, are you?"

"Cary," her voice was full of determination now. She gave a swift glance at the sun just dipping to the West. "Luke's been real small to me today. and I didn't give him any reason, either. I've lived here and done for him for years and all I've had is the egg money. And, Cary, do you know what I've been doing all the afternoon? Packing up to go away."

"You poor little thing," he said, gently, one hand laid on her shoulder. 'How soon would you be ready to go?"

It was after six when Doctor Fallews drove along past the Wimbledon house. Luke stood by the front gate, his hair rumpled, a curiously puzzled, dejected look on his face,

"Seen anything of Dorcas, doctor?" he asked. "She seems to have lit out, and I reckon she's gone down to her grandma's." "No, she hasn't Luke," chuckled the

doctor. "She's eloped with Cary Roberts. I saw the two of them take the 5:10 train down to Hartford.' (Copyright, 1917, by the McClure Newspaper Syndicate.)

## Nerves All On Edge?

Just as nerve wear is a cause of kid ney weakness, so is kidney trouble a cause of nervousness. Anyone who has backache, nervousness, "bluss," headaches, dizzy spells, urinary ille and a tired, worn feeling, would do well to try Doan's Kidney Pills. This safe, reliable remedy is recommended by thousands who have had relief from just such troubles.

An Ohio Case

Mrs. H. Dehm, 1392 Fitchland Ave., Toledo, Ohio, says: "My kidneys were disordered a n d when I was sweeping, sharp pains darted all through my body. A tired feeling came over me, too. I had little ambition and was subject to disay spells and pains



Get Doan's at Any Store, 80c a Box DOAN'S HIDNEY FOSTER-MILBURN CO., BUFFALO, N. Y.



U. S. Government Buys It SOLD EVERYWHERE-25c and \$1.06

Sunk by Icebergs.

Admittedly the worst danger menacing transatlantic travelers in modern days, with steamers of such speed as are plying on the Atlantic, is that of collision with icebergs in a dense fog. It is morally certain that the mysterious disappearance of big steamers like the Naronic and the Huronian in more recent years and of many others previously, is attributable to this cause, for no other agency is powerful enough to work the ruin of a modern liner with her cellular bottom and water-tight bulkheads.

Needless Preface. "My singing teacher told me to begin with 'do-'

"Well, he ought to know that everything begins with dough."

Children Who Are Sickly

When your child cries at night, tosses restlessly in its sleep, is constipated, feverish or has symptoms of worms, you feel worried. Mothers who value their own comfort and the welfare of their children, should never be without a box of

Mother Cray's Sweet Powders for Children for use throughout the sea-son. They tend to Break up Colds, relieve Feverish-ness, Constipation, Teeth-

ness, Constipation, Teeth-ing Disorders, move and regulate the Bowels and destroy Worms. These powders are pleasant to take and easy for parents to give. They cleanse the stomach, act on the Liver and give healthful sleep by regulating the child's system.

druggists, 25 cts. Sample mailed FRER. Address, Mother Gray Co., Le Roy, N. Y. Be sure you ask for and obtain Mother Gray's Sweet Powders for Children

Relieves and Remedies CONSTIPATION They keep the Intestines clear of poisons that bring disease—and they do it in a natural, human way. They stir the Liver to activity and cause it to perform its necessary work. TAPS will soon eliminate any necessity for the use of a laxative. Buy a Box-10 Tape 10c. All Druggists or mailed on receipt of price.

Take a tip-take a TAP

or mailed on receipt of price.
TAPS PHARMACAL CO.

38 West 21st Street, New York City

DR. J. D. KELLOGG'S ASTHMAREMEDY for the prompt relief of Asthma and Hay Fever. Ask your drug-giet for it. 25 cents and one dol-lar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N.Y.

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on Florida East Coast Railway in St. John and Volusia Counties. Freight Express S6 to 48 hours to New York markets. Continuous cropping season—potatoes, ce and lettuce. WRITE FOR BOOKLET. DUPONT LAND COMPANY

ont, Florida and Scranton, Pennsylvania Constipation Vanishes Forever Prompt Relief-Permanent Cure CARTER'S LITTLE

LIVER PILLS never. fail. Purely vegeta ble — act surely but gently on the liver. Stop after

prove the complexion, brighten the eyes. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature



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